

<u>Middle School</u> January 1st-January 4th





Monday, December 31st

Tuesday, January 1st

Wednesday, January 2nd

Thursday, January 3rd

Friday, January 4th

MTO Mexican Bar

Beef & Chicken Hard & soft Tacos with a side Served Daily!

Beef & Chicken Fajitas served Daily!

Beef & Chicken Nachos with a side served Daily!

WALKING TACOS SERVED EVERY FRIDAY!



Homezone

NO SCHOOL HAPPY HOLIDAYS! NO SCHOOL HAPPY HOLIDAYS! Chicken Nugget Country Chicken Bowl General Tso's Beef with Rice and Broccoli Rib-B-Q Sandwich



Freshly prepared pizza & specialties

NO SCHOOL NO HAPPY HOLIDAYS! HAPPY

NO SCHOOL HAPPY HOLIDAYS! Chicken and Mac & Cheese Pizza Buffalo Chicken Flatbread

Cheese & Pepperoni Available Daily

Sausage Pizza



Made to Order Station

NO SCHOOL HAPPY HOLIDAYS! NO SCHOOL

HAPPY HOLIDAYS!

Made to Order

Chicken Salad Sandwich Cheese Sandwich Made to Order

Chicken Salad Sandwich Cheese Sandwich Made to Order

A variety of meats, cheeses, salads, breads, rolls,

wraps and other fresh sandwich toppings available

Salad Bar available daily

Chicken Salad Sandwich Cheese Sandwich



Grill Items Available Daily

Chicken Patty Sandwich, Hamburgers, Cheeseburgers, & Chicken Nuggets Available Daily



Freshly Made Grab & Go Salads

NO SCHOOL HAPPY HOLIDAYS!

HAPPY HOLIDAYS!

NO SCHOOL

HAPPY HOLIDAYS!

HAPPY HOLIDAYS!

Beef Taco Salad

Fruit/Yogurt/Cheese

Beef Taco Salad

Fruit/Yogurt/Cheese

Beef Taco Salad

Fruit/Yogurt/Cheese



A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

NO SCHOOL NO SCHOOL

Corn Veggie Bar Fresh Banana Diced Peaches ---Milk varieties include 1% low fat and fat-free choices ----100% Fruit Juices Offered Daily

~Carrots & Celery Offered Daily

Kickin Pinto Beans Veggie Bar Fresh Banana Applesauce

Broccoli Veggie Bar Fresh Banana Blueberries

Paid Student Lunch Reduced Student Lunch \$ 2.70 \$ 0.40 Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness





Middle School January 7th – January 11th





Monday, January 7th

Monday, January 8th

Monday, January 9th

Monday, January 10th

Monday, January 11th

MTO Mexican Bar

Beef & Chicken Hard & soft Tacos with a side Served Daily! Beef & Chicken Fajitas served Daily! Beef & Chicken Nachos with a side served Daily! WALKING TACOS SERVED EVERY FRIDAY!



Homezone

Chicken Pizza Quesadilla

Fish Nuggets with Mac and Cheese

Cheesy Breadsticks with Marinara

FUEL Walking Taco Chili

Cheese & Pepperoni Available Daily

Omelets with Sausage and Toast



Freshly prepared pizza & specialties

Breakfast Pizza

Mexican Pizza

BBQ Chicken Pizza

White Pizza

Hawaiian Pizza



A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings Made to Order Station

Made to Order

Honey Mustard Chicken Wrap Cheese Sandwich Made to Order

Honey Mustard Chicken Wrap Cheese Sandwich Made to Order

Honey Mustard Chicken Wrap Cheese Sandwich Made to Order

Honey Mustard Chicken Wrap Cheese Sandwich Made to Order

Honey Mustard Chicken Wrap Cheese Sandwich



Grill Items Available Daily

Chicken Patty Sandwich, Hamburgers, Cheeseburgers, & Chicken Nuggets Available Daily



Freshly Made Grab & Go Salads

Popcorn Chicken Salad

Fruit/Yogurt/Cheese

Popcorn Chicken Salad

Fruit/Yogurt/Cheese

Popcorn Chicken Salad

Fruit/Yogurt/Cheese

Salad Bar available daily

Popcorn chicken Salad Fruit/Yogurt/Cheese Plate

Popcorn Chicken Salad Fruit/Yogurt/Cheese



A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

Corn Veggie Bar Fresh Pear

Pears

Mixed roasted Vegetables Veggie Bar Fresh Pear Peaches

Tater Tots Veggie Bar Fresh Pear Fruit Mix

----Milk varieties include 1% low fat and fat-free choices ----100% Fruit Juices Offered Daily

Carrots & Celery Offered Daily

Cauliflower Veggie Bar Fresh Pear Applesauce

Broccoli Veggie Bar Fresh Pear Strawberries

Paid Student Lunch \$ 2.70 Reduced Student Lunch \$ 0.40

Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness





Middle School January 14th – January 18th





Monday, January 14th

Tuesday, January 15th

Wednesday, January 16th

Thursday, January 17th

Friday, January 18th

MTO Mexican Station

Beef & Chicken Hard & soft Tacos with a side Served Daily! Beef & Chicken Fajitas served Daily! Beef & Chicken Nachos with a side served Daily! WALKING TACOS SERVED EVERY FRIDAY!



HOMEZONE

Chicken Drumsticks, Mashed Potatoes, Corn Muffin

Cheesesteak Pizza

Chicken Parm with Spaghetti

FUEL.

Cheesy Bread topped with Chili

Turkey Dinner

Fried Rice with Broccoli and Egg Roll



Freshly prepared pizza & specialties

Chicken and Spinach Florentine Flatbread

Cheeseburger Pizza

BBQ Chicken Sriracha Pizza

Cheese & Pepperoni Available Daily

Buffalo Chicken Flatbread



Made to Order Station

Made to Order Deli

Turkey & Cheese Sub Sandwich Cheese Sandwich

Made to Order Deli

Turkey & Cheese Sub Sandwich Cheese Sandwich

Made to Order Deli

Turkey & Cheese Sub Sandwich Cheese Sandwich

Made to Order Deli

Turkey & Cheese Sub Sandwich Cheese Sandwich

Made to Order Deli

Turkey & Cheese Sub Sandwich Cheese Sandwich



Additional Grill Item Available Daily

Chicken Patty Sandwich, Hamburgers, Cheeseburgers, & Chicken Nuggets Available Daily!



Freshly Made Grab & Go Salads

Mozzarella Cheese Salad

Fruit/Yogurt/Cheese

Mozzarella Cheese Salad

Fruit/Yogurt/Cheese

Mozzarella Cheese Salad

Fruit/Yogurt/Cheese

Salad Bar available daily

A variety of meats, cheeses, salads, breads, rolls,

wraps and other fresh sandwich toppings available

Mozzarella Cheese Salad

Fruit/Yogurt/Cheese

Salad Fruit/Yogurt/Cheese Plate

Mozzarella Cheese



A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

----Milk varieties include 1% low fat and fat-free choices ~100% Fruit Juices Offered Tuesday & Thursdays

Baby Carrots and Celery Offered Daily

Glazed Carrots Green Beans Vegetarian Beans Veggie Bar Veggie Bar Veggie Bar Fresh Apple Fresh Apple Fresh apple Fruit cocktail Diced Peaches Applesauce

Corn Veggie Bar Fresh Apple Blueberries

Broccoli Veggie Bar Fresh Apple Diced Pears

Paid Student Lunch Reduced Student Lunch \$ 2.70 \$ 0.40

Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness





<u>Middle School</u> January 21st — January 25th





Monday, January 21st

Tuesday, January 22Nd

Wednesday, January 23rd

Thursday, January 24th

Friday, January 25th

MTO Mexican Station

Beef & Chicken Hard & soft Tacos with a side Served Daily!

Beef & Chicken Fajitas served Daily!

Beef & Chicken Nachos with a side served Daily!

WALKING TACOS SERVED EVERY FRIDAY!



HOMEZONE

NO SCHOOL

Popcorn Chicken Bowl

Cheesy Breadsticks with Marinara French Toast with Sausage ACT 80 DAY NO LUNCH



Freshly prepared pizza & specialties

NO SCHOOL

Breakfast Pizza

Meat lovers Pizza

Cheese & Pepperoni Available Daily

Buffalo Chicken Pizza ACT 80 DAY
NO LUNCH



Made to Order Station

NO SCHOOL

Made to Order Deli

Chicken Caesar Wrap Cheese Sandwich Made to Order Deli

Chicken Caesar Wrap Cheese Sandwich A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings available

Salad Bar available daily

Made to Order Deli

Chicken Caesar Wrap Cheese Sandwich ACT 80 DAY NO LUNCH



Additional Grill Item Available Daily

Chicken Patty Sandwich, Hamburgers, Cheeseburgers, & Chicken Nuggets Available Daily!



Freshly Made Grab & Go Salads

Turkey Chef Salad

Fruit/Yogurt/Cheese

Turkey Chef Salad

Fruit/Yogurt/Cheese

Turkey Chef Salad

Fruit/Yogurt/Cheese

ACT 80 DAY



A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

NO SCHOOL

NO SCHOOL

Cauliflower Veggie Bar Fresh Orange Sweet Potato tots Veggie Bar Fresh Orange ---Milk varieties include 1% low fat and fat-free choices ----100% Fruit Juices Offered Daily

---- Baby Carrots & Celery offered Daily

Campfire Beans Veggie Bar Fresh Orange Applesauce

ACT 80 DAY NO LUNCH

Paid Student Lunch Reduced Student Lunch \$ 2.70 \$ 0.40 Paid Adult Lunch Milk \$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness





Middle School January 28th — February 1st





Monday, January 28th

Tuesday, January 29th

Wednesday, January 30th

Thursday, January 31st

Friday, February 1st

MTO Mexican Station

Beef & Chicken Hard & soft Tacos with a side Served Daily!

Beef & Chicken Fajitas served Daily!

Beef & Chicken Nachos with a side served Daily!

WALKING TACOS SERVED EVERY FRIDAY!



HOMEZONE

Salisbury Steak with Mashed Potatoes and Corn Muffin Cheesy Penne

Orange Glazed Chicken with Broccoli and Lo mein Grilled cheese w/ Bacon Meatball Hoagie



Freshly prepared pizza & specialties

Taco Pizza

White Flatbread Pizza

Veggie Pizza

Cheese & Pepperoni Available Daily

Buffalo Chicken Pizza

BBQ Chicken Pizza



Made to Order Station

Made to Order Deli

.....

Chicken Caesar Wrap Cheese Sandwich Made to Order Deli

Chicken Caesar Wrap Cheese Sandwich Made to Order Deli

Chicken Caesar Wrap Cheese Sandwich A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings available

Made to Order Deli

Chicken Caesar Wrap Cheese Sandwich Made to Order Deli

Chicken Caesar Wrap Cheese Sandwich



Additional Grill Item Available Daily

Chicken Patty Sandwich, Hamburgers, Cheeseburgers, & Chicken Nuggets Available Daily!



Freshly Made Grab & Go Salads

Buffalo Chicken Salad

Fruit/Yogurt/Cheese

Buffalo Chicken Salad

Fruit/Yogurt/Cheese

Buffalo Chicken Salad

Fruit/Yogurt/Cheese

Salad Bar available daily

Buffalo Chicken Salad

Fruit/Yogurt/Cheese

Buffalo Chicken Salad

Fruit/Yogurt/Cheese



A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

Corn Veggie Bar Fresh Orange Peaches Grenn Beans & Carrots Veggie Bar Fresh Orange Peaches Tater tots Veggie Bar Fresh Orange Peaches ---Milk varieties include 1% low fat and fat-free choices ----100% Fruit Juices Offered Daily

--- Baby Carrots & Celery offered Daily

Vegetarian Baked Beans Veggie Bar Fresh Orange Applesauce Broccoli Veggie Bar Fresh Orange Peaches

Paid Student Lunch Reduced Student Lunch \$ 2.70 \$ 0.40 Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness

